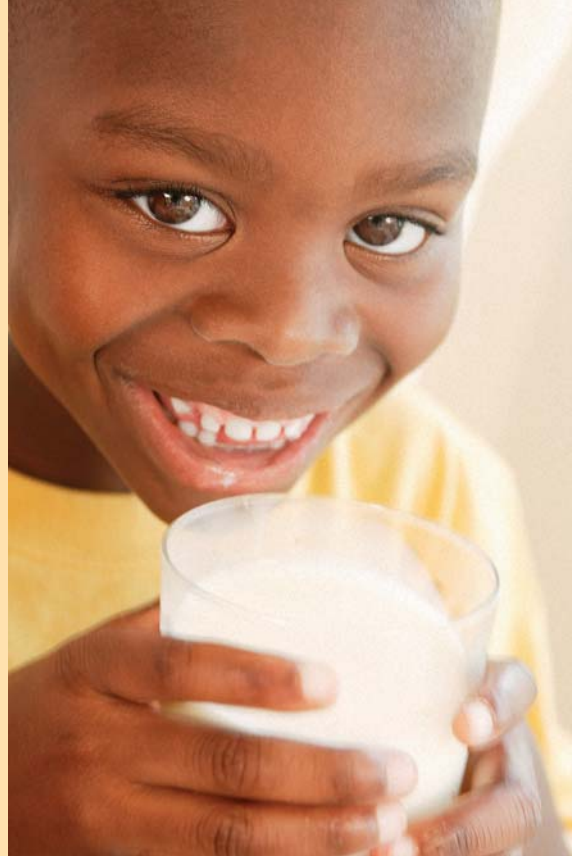


## What to bring to the WIC certification visit:

- Bring EACH family member who is applying to receive WIC services.
- Bring proof of ALL income for everyone in the household (before taxes and deductions are taken out). Income includes such things as: salaries, child support and alimony, foster care payments, interest withdrawn, unemployment compensation, and military earnings;  
**OR**, if you receive **Medicaid, Temporary Cash Assistance (TCA), or Food Stamps**, you are income-eligible for WIC. (If you do not receive Medicaid or TCA, but other members of your household receive these benefits, you might be income-eligible for WIC.) WIC staff can verify your enrollment in these programs. However, it is helpful to bring the current **“Notice of Case Action”** letter, which is proof of eligibility for one or more of these programs.
- Bring ONE proof of where you live (no P.O. boxes). The document must be current and show your name and address. Items that are allowed include a utility bill, bank/insurance statement, or driver’s license. You must be currently living in Florida, but you don’t have to be a U.S. citizen.
- Bring ONE proof of identification for you and ONE proof of identification for any infant or child applying for WIC, such as a birth certificate, driver’s license, crib card, military ID, photo ID, Social Security Card, or hospital record.
- For EACH woman, infant, and child applying for WIC, you will need:  
**A recent height and weight measurement** (no older than 60 days), and  
**Hemoglobin or hematocrit blood test results** (not required for infants under 9 months).  
**Ask your doctor or health clinic to fill out this health information on a WIC Medical Referral Form.** Or, the WIC office will help you get this health information.
- Bring the **Social Security Number** for each person applying for WIC, if available.
- Bring the **immunization (shot) record** for each child.



Local WIC office:

For more information visit the WIC website at:  
**[www.FloridaWIC.org](http://www.FloridaWIC.org)**

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

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# Call WIC today!

Do you have a baby or child under age 5?

Are you pregnant or breastfeeding?

Look inside to see if you meet the  
WIC Income Guidelines!

FLORIDA  
**WIC**

Good Nutrition for  
Women, Infants & Children

**1-800-342-3556**

# WIC is a nutrition program for women who are pregnant or breastfeeding or who have recently been pregnant, infants & children under age 5.



## WIC provides the following at no cost:

- healthy foods
- nutrition education and counseling
- breastfeeding support
- referrals to health care, immunizations, and community services

## To be income-eligible for WIC:

You must have a total household income equal to or less than the amounts shown in the [WIC Income Guidelines](#).

OR you are income-eligible if you are currently receiving Medicaid, Temporary Cash Assistance (TCA), or Food Stamps. However, you do not have to be on a public assistance program to qualify for WIC.



## WIC Income Guidelines

For a pregnant woman, each unborn baby counts as 1 extra person in the household size.

Household Size	Monthly Income BEFORE TAXES & DEDUCTIONS
1	\$1,604
2	\$2,159
3	\$2,714
4	\$3,269
5	\$3,824
6	\$4,379
7	\$4,934
8	\$5,489

Revised 5/5/08  
Each year, these dollar amounts may increase.



## To apply for WIC:

- Call your local WIC office or call toll free **1-800-342-3556** and the operator will provide you with the local phone number.
- The local WIC office will give you a date and time for a WIC certification visit. At this visit, the household income and the medical/nutrition status of each applicant will be reviewed. On that day, you will find out if you and your children are eligible for WIC.
- To find out what to bring to the WIC certification visit, see the other side of this brochure.

