

HealthyActions

Achieving Your Goals for Healthy Living



Managing Side Effects Form

As your patients begin their hepatitis C treatment, it is helpful for them to have information on managing the side effects they are most likely to encounter. Use this list as a guideline for your patients. Please discuss self-management actions and provide your patient with a copy.

Don't Delay

If unable to take your medicine, notify your doctor right away.

You are about to begin your hepatitis C treatment. Below are the names of medicines that can help you with any side effects you may have.

My physician: _____ Phone number: _____

Names of hepatitis C treatment drugs I am using:

Other prescription drugs and over-the-counter drugs I am using:

What to do for side effects from treatment drugs

For pain, use: _____

For pain not relieved with _____, call the office or the on-call physician (phone number: _____)

For fever, use: _____

For fever of _____° or fever of _____° lasting over _____ after using _____, call the office or the on-call physician

For diarrhea, use: _____

For diarrhea lasting over _____, call the office or the on-call physician

For nausea, use: _____

For vomiting not relieved with _____, call the office or the on-call physician

If unable to sleep, use: _____

For itching, use: _____

