



Immunization Checklist for Teens

Keep a copy of this chart. Your child will need it for school.

Name _____

Children still need **immunizations** as they grow older. By the time they are 13, most children should have had all the **immunizations** in the chart below.¹ Take your child to see their doctor. Have the doctor or nurse fill in a date for each immunization your child gets.

Immunization

Becoming immune to (protected from) a disease. Immunizations are usually vaccinations. They are also called vaccines or shots. The polio immunization is swallowed like medicine.

Vaccines for Teens

Vaccine	Dose 1 date	Dose 2 date	Dose 3 date	Dose 4 date
Hepatitis B (HepB)				X
Polio (IPV)				
Measles, Mumps, Rubella (MMR)			X	X
Varicella (chickenpox)			X	X
Diphtheria, tetanus, & pertussis (DTaP)				
Tetanus, diphtheria, & pertussis (Tdap) booster		X	X	X
Meningococcal (MCV4)		X	X	X
Human papillomavirus (HPV) (girls only)				X



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What Do Immunizations Protect Against?

Immunizations protect your child from getting diseases that can be very serious. Before there were vaccines, these diseases killed thousands of children in America every year. Many more children were harmed for life.

Meningitis (men-un-jie-tus)—
An infection around your brain and spinal cord.

Paralysis (per-al-uh-sis)—
Losing movement in parts of your body.

Pneumonia (nuh-moan-yuh)—
A serious lung infection.

Diphtheria (dif-theer-ee-uh)

- A disease spread by coughing & sneezing.
- Can cause coma or death.

Haemophilus influenzae type b (Hib)

- An infection spread by coughing & sneezing.
- Can cause brain damage or death.

Hepatitis B

- A liver disease spread by blood or fluid of an infected person.
- Can cause lifelong liver problems. Can lead to liver cancer.

Human Papillomavirus (pap-uh-lo-muh-virus) (HPV)

- An infection spread by sexual contact.
- Can cause genital warts or cervical cancer.

Measles

- An infection spread by coughing & sneezing.
- Can cause pneumonia, seizures, brain damage, or death.

Meningococcal Disease (muh-nin-juh-cockle)

- A disease spread by coughing & sneezing.
- Can cause meningitis, blood infection, or death.

Mumps

- A disease spread by coughing & sneezing.
- Can cause brain infection or deafness.

Pertussis (purr-tuss-us) (whooping cough)

- An infection spread by coughing & sneezing.
- Can cause pneumonia or death.

Polio

- A disease spread by stool of an infected person.
- Can cause paralysis or death.

Rubella (ru-bell-uh)

- A disease spread by coughing & sneezing.
- Can cause severe birth defects in babies whose mothers are infected during pregnancy.

Tetanus (lockjaw)

- A disease that comes from bacteria in the soil. It enters the body through a cut or wound.
- Can cause lockjaw, seizures, or death.

Varicella (vair-uh-sell-uh) (chickenpox)

- A disease spread by coughing & sneezing.
- Can cause brain swelling or pneumonia.

Reference

1. CDC. "Recommended Immunization Schedules for Persons Aged 0-18 Years—United States, 2007." Available at: <http://www.cdc.gov/mmwr/pdf/wk/mm5551-Immunization.pdf>. Accessed June 21, 2007.

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