



# Vitalife<sup>SM</sup>

## FACILITY LISTINGS

### Introducing Universal's

# Vitalife<sup>SM</sup>

#### The Complete Healthy-Living Plan For Medicare Beneficiaries

At Universal Health Care, we believe kicking up your heels on a steady basis can help you stay healthy and strong. That's why we offer our members the Vitalife<sup>SM</sup> program at no additional cost beyond their monthly plan premium.



### *Finally, A Health Plan With A Plan For Your Health Take Charge, Be Active, Live Well!*

Universal's Vitalife<sup>SM</sup> Program includes:

- Full membership privileges at participating and accredited health and fitness facilities. Enroll for a local health and fitness facility membership without membership fees. Vitalife<sup>SM</sup> members will receive a fitness orientation at their primary location.
- Group exercise classes in select locations to improve your overall fitness by increasing muscular strength and cardiovascular endurance, as well as flexibility, agility, and balance. Fee-based programming beyond what is available with a general membership at your primary facility is not included.
- Our online Wellness Program will help you live a healthy, happy, and fulfilling life by helping you quit smoking, reduce stress, get into shape, and gain or lose weight.



# **TAKE CHARGE, BE ACTIVE, LIVE WELL!**

## **Get Started Today!**

### **To receive full membership privileges at a participating facility:**

1. You will find Vitalife<sup>SM</sup> participating facilities and their locations in this Facility Listings booklet. The facilities are listed by state and then by county. Select the primary facility you wish to join.
2. You will find a Vitalife<sup>SM</sup> Facility Registration Form in the back of this booklet. After you enroll with Universal Health Care, complete the registration form, which includes your primary care physician's signature, and mail or fax to WellQuest, 550 Broad Street, Suite 802, Newark, New Jersey 07102-4531; Fax: 1-877-250-7533. Please use a separate registration form to enroll each Plan member. When faxing applications, check the fax confirmation sheet to be sure the transmission was completed. Please allow three weeks of processing time. Universal Health Care has partnered with WellQuest, Inc. to provide the Vitalife<sup>SM</sup> program.
3. Once your application is processed, a welcome letter and a Vitalife<sup>SM</sup> ID card will be sent to your home from WellQuest in a WellQuest envelope. The welcome letter will include the name of the primary facility you chose, your name, and a start date for the program. Bring both the welcome letter and the Vitalife<sup>SM</sup> ID card to the facility you chose as your primary location to begin a membership. Please bring your Vitalife<sup>SM</sup> ID card to this facility each time you attend. (This may vary; check with your primary facility.) Contact WellQuest at 1-877-250-7522 if you have not received your welcome letter and Vitalife<sup>SM</sup> ID card three weeks after submitting an application.

To nominate a facility for consideration please contact WellQuest at 1-877-250-7522. Please check the Vitalife<sup>SM</sup> page on the Universal Health Care web site at [www.univhc.com](http://www.univhc.com) for an updated listing or call Member Services at 1-866-690-4842, (TTY 1-800-617-0177).

### **Vitalife<sup>SM</sup> on the move:**

Take advantage of your Vitalife<sup>SM</sup> membership privileges at health and fitness centers when you travel. Participating fitness locations can be found in this Facility Listings booklet, at [www.univhc.com](http://www.univhc.com) or by calling Member Services at 1-866-690-4842 (TTY 1-800-617-0177). You must bring your Vitalife<sup>SM</sup> ID card to the fitness location to gain access. Visits outside your primary facility will be limited to sixteen visits each year with a maximum of four visits per month. If you are traveling within the Vitalife<sup>SM</sup> facility network and will be gone longer than 30 days, you can change your primary facility for unlimited usage.

### **Changing your primary facility:**

You can change your primary facility by notifying WellQuest at 1-877-250-7522. You will not need a new Vitalife<sup>SM</sup> ID card, but will be sent an updated letter indicating your new primary facility choice and start date. To begin your membership at this new location, please bring both the updated welcome letter and Vitalife<sup>SM</sup> ID card.

## **CONTACT INFORMATION**

For questions about Vitalife<sup>SM</sup> fitness centers, Vitalife<sup>SM</sup> enrollment, Vitalife<sup>SM</sup> ID cards, to nominate a facility, or to change your primary facility, please contact *WellQuest*\*:

**1-877-250-7522 or TTY at 1-800-506-0112**

Monday through Friday from 9am to 5pm Eastern Time.

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For updated facility listings, please contact the *Vita Line*:

**1-888-550-7854.**

You will be asked to provide your name and address to have your updated Vitalife<sup>SM</sup> facility listings sent to you.

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For other questions about Universal Health Care's Vitalife<sup>SM</sup> Program, please contact *Universal Health Care*:

**1-866-690-4842 or TTY at 1-800-617-0177**

Monday through Sunday from 8am to 8pm Eastern Time.

The Universal Health Care Web site is full of useful health information. For a Physician Listing, Vitalife<sup>SM</sup> Program, or Self Help Works Nutritional information, please visit: [www.univhc.com](http://www.univhc.com).

*\*Services in Universal's Vitalife<sup>SM</sup> program are administered exclusively by WellQuest, Inc.*

There is no cost or obligation for this program. If you wish to take advantage of the program's membership in one of your local fitness centers listed herein, simply follow these steps:

1. Fill in your personal information. Read carefully, print clearly, and sign.
2. Choose the facility you wish to join and write the Facility ID Number in the space provided.
3. Take the form to your physician and have him/her sign the release.
4. Mail or fax your completed registration form to WellQuest at the New Jersey address below.

Plan Member's Name (Please Print Clearly) \_\_\_\_\_

Universal Health Care Member ID#: \_\_\_\_\_

Address \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Facility ID\*: \_\_\_\_\_ Facility Name: \_\_\_\_\_

Facility Address: \_\_\_\_\_

\*The Facility ID Number is located to the left of the facility name.

I understand that the purpose of the Vitalife<sup>SM</sup> Program is to enhance my health and fitness status and that any exercise program is a potentially hazardous activity. I verify that my participation is fully voluntary, and no coercion of any sort has been used to obtain my participation. I hereby release and discharge the undersigned physician, Universal Health Care, WellQuest, Inc., and any others connected therewith from all claims, demands, damages, and liability whatsoever that I or my representatives have or may have against any of them arising from my participation in the Vitalife<sup>SM</sup> Program.

Plan Member's Signature \_\_\_\_\_ Date \_\_\_\_\_

As the above named individual's physician, I am not aware of any reasons why this patient should not participate in Universal's Vitalife<sup>SM</sup> Program. Therefore, I release this patient for participation.

Physician's Name (Please Print) \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

### **ATTENTION!!**

Mail or fax your completed registration form to WellQuest:

**Mail:** WellQuest, Inc., 550 Broad Street, Suite 802, Newark, New Jersey 07102-4531 **Fax:** 1-877-250-7533

Please see contact sheet on page 3 for other important information and resources.

Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
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# ARIZONA

## Cochise County

6460	Curves - designed for women	688 W 4th St, Suite B	Benson	AZ 85602 (520) 586-2477	
6461	Curves - designed for women	1346 N San Antonio Ave	Douglas	AZ 85607 (520) 364-2226	
6463	Curves - designed for women	714 E Wilcox Dr, Suite C	Sierra Vista	AZ 85635 (520) 458-4773	

## Coconino County

9183	Anytime Fitness	2500 S Woodlands Village Blvd	Flagstaff	AZ 86001 (928) 213-1075	X
8984	Curves - designed for women	1800 S Milton Rd	Flagstaff	AZ 86001 (928) 774-6130	
6465	Curves - designed for women	2581 E 7th Ave	Flagstaff	AZ 86004 (928) 214-6135	
6467	Curves - designed for women	2370 W 89 A, Suite 7	Sedona	AZ 86336 (928) 282-0035	
9234	Snap Fitness	6560 Hwy 179	Sedona	AZ 86351 (928) 284-0554	X

## Gila County

9858	Tonto Apache Gym	Lot 30 Tonto Apache Reservation	Payson	AZ 85541 (928) 474-7093	X
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## Graham County

6470	Curves - designed for women	1904 W Thatcher Blvd	Safford	AZ 85546 (928) 428-0211	
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## Houston

10190	Snap Fitness	976 S Main St	Cottonwood	AZ 86326 (928) 649-1905	X
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## La Paz County

6471	Curves - designed for women	1014 11th St	Parker	AZ 85344 (928) 669-9400	
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## Maricopa County

8988	Curves - designed for women	42323 N Vision Way	Anthem	AZ 85086 (623) 551-5100	
6522	Curves - designed for women	1480 S Watson Rd, D 101	Buckeye	AZ 85326 (623) 386-3507	
6530	Curves - designed for women	25 Easy St	Carefree	AZ 85377 (480) 437-1088	
8987	Curves - designed for women	29850 N Tatum Blvd	Cave Creek	AZ 85331 (480) 473-0123	
9223	Snap Fitness	4705 E Carefree Hwy	Cave Creek	AZ 85331 (480) 595-5179	X
8998	24 Hour Fitness	1085 S Arizona Dr	Chandler	AZ 85248 (480) 786-1024	X
9180	Anytime Fitness	3990 S Alma School Rd	Chandler	AZ 85248 (480) 224-4900	X
6497	Curves - designed for women	1949 W Ray Rd	Chandler	AZ 85224 (480) 786-3909	
6501	Curves - designed for women	2860 S Alma School Rd	Chandler	AZ 85248 (480) 917-5700	
6503	Curves - designed for women	4960 S Gilbert Rd, Suite 2	Chandler	AZ 85249 (480) 883-2300	
6502	Curves - designed for women	9666 E Riggs Rd, Suite 145	Chandler	AZ 85248 (480) 895-1664	
9182	Anytime Fitness	13915 N Dysart Rd	El Mirage	AZ 85335 (623) 523-0117	X
6524	Curves - designed for women	12550 W Thunderbird Rd	El Mirage	AZ 85335 (623) 977-9446	
9184	Anytime Fitness	16650 E Palisades Blvd	Fountain Hills	AZ 85268 (480) 837-5151	X
6510	Curves - designed for women	16730 E Palisades Blvd, Suite 4	Fountain Hills	AZ 85268 (480) 837-8688	
9224	Snap Fitness	13525 N Fountain Hills Blvd	Fountain Hills	AZ 85268 (480) 837-3901	X
8993	24 Hour Fitness	97 S Val Vista Dr	Gilbert	AZ 85234 (480) 497-4424	X
9185	Anytime Fitness	4720 E Queen Creek Rd	Gilbert	AZ 85297 (480) 457-8991	X
6499	Curves - designed for women	1543 W Elliot Rd, Suite 102	Gilbert	AZ 85233 (480) 558-1070	
6515	Curves - designed for women	3317 S Higley Rd , Suite 109	Gilbert	AZ 85297 (480) 988-2449	
9225	Snap Fitness	1459 S Higley Rd	Gilbert	AZ 85296 (480) 840-6363	X
9000	24 Hour Fitness	4316 W Bell Rd	Glendale	AZ 85308 (602) 942-4434	X
694	Bally Total Fitness	5720 W Peoria Ave	Glendale	AZ 85302 (623) 486-8896	X
6516	Curves - designed for women	5102 W Nern Ave, Suite 2	Glendale	AZ 85301 (623) 931-5071	
6521	Curves - designed for women	6635 W Happy Valley Rd, Suite A105	Glendale	AZ 85310 (623) 376-6977	
7736	Ladies Workout Express	6780 W Deer Valley Rd	Glendale	AZ 85310 (623) 561-8404	
6525	Curves - designed for women	1400 N Litchfield Rd, F2	Goodyear	AZ 85338 (623) 925-9850	
6526	Curves - designed for women	5030 W Baseline Rd, Unit 135	Laveen	AZ 85339 (602) 237-1878	

Club ID #	Club Name	Address (City, State, Zip)			Phone Number	Co-Ed Fitness
<b>Maricopa County (cont'd)</b>						
9001	24 Hour Fitness	1919 N Power Rd	Mesa	AZ 85207	(480) 281-1684	X
9188	Anytime Fitness	2721 S Ellworth Rd	Mesa	AZ 85212	(480) 357-3700	X
695	Bally Total Fitness	1350 S Longmore Rd	Mesa	AZ 85202	(480) 844-7227	X
6492	Curves - designed for women	1337 S Gilbert Rd	Mesa	AZ 85204	(480) 892-2618	
6491	Curves - designed for women	1919 E McKellips Rd, Suite B1	Mesa	AZ 85203	(480) 844-2900	
6496	Curves - designed for women	6017 E McKellips Rd, Suite 111	Mesa	AZ 85215	(480) 218-9500	
6493	Curves - designed for women	7133 E Main St.	Mesa	AZ 85207	(480) 325-4964	
6495	Curves - designed for women	7641 E Guadalupe Rd, Suite B 103	Mesa	AZ 85212	(480) 969-5856	
6494	Curves - designed for women	832 W Baseline Rd	Mesa	AZ 85210	(480) 838-2151	
507	Gold's Gym	1046 S Country Club Dr	Mesa	AZ 85210	(480) 833-0099	X
502	Gold's Gym	2156 E Baseline Rd	Mesa	AZ 85204	(480) 497-8686	X
9228	Snap Fitness	2025 S Alma School Rd	Mesa	AZ 85210	(480) 755-7627	X
7734	Ladies Workout Express	731 E Union Hills Dr	North Phoenix	AZ 85024	(602) 867-1905	
9190	Anytime Fitness	20799 N 83rd Ave	Peoria	AZ 85382	(623) 362-0885	X
6532	Curves - designed for women	20470 N Lake Pleasant Rd, Suite 103	Peoria	AZ 85382	(623) 561-1122	
6531	Curves - designed for women	7420 W Cactus Rd, Suite B1	Peoria	AZ 85381	(623) 979-7703	
9002	24 Hour Fitness	10046 N Metro Pkwy	Phoenix	AZ 85051	(602) 281-1132	X
8995	24 Hour Fitness	3233 E Camelback Rd	Phoenix	AZ 85018	(602) 224-9394	X
8997	24 Hour Fitness	3301 E Bell Rd	Phoenix	AZ 85032	(602) 567-0240	X
9191	Anytime Fitness	1420 E Chandler Blvd	Phoenix	AZ 85048	(480) 283-0370	X
9192	Anytime Fitness	34406 N 27th Ave	Phoenix	AZ 85085	(623) 587-9973	X
697	Bally Total Fitness	12235 N Cave Creek Rd	Phoenix	AZ 85022	(602) 482-1151	X
696	Bally Total Fitness	15401 N 29th Ave	Phoenix	AZ 85023	(602) 993-3366	X
698	Bally Total Fitness	3919 21 E Indian School Rd	Phoenix	AZ 85018	(602) 956-4116	X
6488	Curves - designed for women	10201 N 35th Ave, Suite 1 E	Phoenix	AZ 85051	(602) 439-1950	
6477	Curves - designed for women	1227 E Nern Ave	Phoenix	AZ 85020	(602) 861-1500	
6479	Curves - designed for women	15440 N 7th St, Suite 6	Phoenix	AZ 85022	(602) 993-4333	
6481	Curves - designed for women	18635 N 35th Ave	Phoenix	AZ 85027	(623) 582-5153	
6484	Curves - designed for women	2201 N 83rd Ave, Suite 108	Phoenix	AZ 85035	(623) 247-3400	
6478	Curves - designed for women	2313 E Bell Rd	Phoenix	AZ 85022	(602) 765-3730	
6486	Curves - designed for women	2632 S 83rd Ave, Suite 106	Phoenix	AZ 85043	(623) 936-5746	
6475	Curves - designed for women	3031 E Indian School Rd	Phoenix	AZ 85016	(602) 956-1010	
6483	Curves - designed for women	3101 E Cactus Rd, Suite A 1	Phoenix	AZ 85032	(602) 404-2064	
6485	Curves - designed for women	3220 E Basline Rd, Suite 116	Phoenix	AZ 85042	(602) 470-4500	
6473	Curves - designed for women	3636 N Central , Suite 160	Phoenix	AZ 85012	(602) 222-4383	
6489	Curves - designed for women	4139 W Bell Rd, Suite 2	Phoenix	AZ 85053	(602) 789-7000	
6476	Curves - designed for women	4539 E Thomas Rd	Phoenix	AZ 85018	(602) 808-0034	
6474	Curves - designed for women	5555 N 7th St, Suite 136	Phoenix	AZ 85014	(602) 274-4383	
501	Gold's Gym	5031 E Elliot Rd	Phoenix	AZ 85044	(480) 961-1000	X
9230	Snap Fitness	3131 E Thunderbird Rd	Phoenix	AZ 85032	(602) 569-0230	X
9233	Snap Fitness	4855 Greenway Rd	Phoenix	AZ 85032	(602) 404-7098	X
9196	Anytime Fitness	287 E Hunt Hwy	Queen Creek	AZ 85243	(480) 457-1000	X
9232	Snap Fitness	21258 E Rittenhouse	Queen Creek	AZ 85242	(480) 987-1255	X
8996	24 Hour Fitness	13220 N Scottsdale Rd	Scottsdale	AZ 85254	(480) 951-8883	X
8999	24 Hour Fitness	14150 N 100th St	Scottsdale	AZ 85260	(480) 614-2420	X
6508	Curves - designed for women	10135 E Via Linda, Suite C 113	Scottsdale	AZ 85258	(480) 391-1648	
6506	Curves - designed for women	10405 E McDowell Mt. Ranch Rd, Suite 3	Scottsdale	AZ 85255	(480) 473-3473	
6509	Curves - designed for women	15050 N Northsight Blvd, Suite 103	Scottsdale	AZ 85260	(480) 905-8288	
6504	Curves - designed for women	4408 N Miller Rd, Suite 104	Scottsdale	AZ 85251	(480) 970-5541	
9804	Curves - designed for women	9832 N Hayden Rd	Scottsdale	AZ 85258	(480) 368-7223	
6529	Curves - designed for women	12751 W Bell Rd, Suite 11	Surprise	AZ 85374	(623) 875-2575	
8994	24 Hour Fitness	2145 E Baseline Rd	Tempe	AZ 85283	(480) 831-2200	X
6511	Curves - designed for women	851 W University Dr	Tempe	AZ 85281	(480) 921-1887	
8985	Curves - designed for women	2015 W Wickenburg Way	Wickenburg	AZ 85390	(928) 684-5400	

Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
<b>Mohave County</b>					
6538	Curves - designed for women	1751 Hwy 95, Suite 183	Bullhead City	AZ 86442 (928) 704-4191	
6537	Curves - designed for women	5225 Hwy 95	Fort Mojave	AZ 86426 (928) 788-3808	
6536	Curves - designed for women	3531 N Moore St., 1	Kingman	AZ 86409 (928) 692-0011	
6535	Curves - designed for women	2126 McCulloch Blvd, Suite 1	Lake Havasu City	AZ 86403 (928) 854-9293	
<b>Navajo County</b>					
8983	Curves - designed for women	1450 E White Mountain Blvd	Pinetop	AZ 85935 (928) 367-5522	
6542	Curves - designed for women	616 Lee St	Winslow	AZ 86047 (928) 289-2255	
<b>Pima County</b>					
9790	123 Fit	10370 N La Canada Dr	Oro Valley	AZ 85737 (520) 575-9800	X
9189	Anytime Fitness	11911 N 1st Ave	Oro Valley	AZ 85737 (520) 219-6774	X
6556	Curves - designed for women	10355 N La Canada Dr	Oro Valley	AZ 85737 (520) 544-8510	
7737	Lady of America	12142 N Rancho Vistoso Blvd	Oro Valley	AZ 85737 (520) 297-5239	
9197	Anytime Fitness	8235 N Silverbell Rd	Tucson	AZ 85743 (520) 744-8365	X
701	Bally Total Fitness	2475 N Swan Rd	Tucson	AZ 85712 (520) 323-1238	X
700	Bally Total Fitness	4690 N Oracle Rd	Tucson	AZ 85705 (520) 293-2330	X
6561	Curves - designed for women	150 S Houghton Rd, 140	Tucson	AZ 85748 (520) 751-4242	
6557	Curves - designed for women	15615 N Oracle Rd, Suite 115	Tucson	AZ 85739 (520) 818-1001	
6545	Curves - designed for women	2040 W Orange Grove Blvd	Tucson	AZ 85704 (520) 531-9181	
6555	Curves - designed for women	2816 N Campbell Ave	Tucson	AZ 85719 (520) 326-1251	
6558	Curves - designed for women	4145 W Ina Rd, Suite 151	Tucson	AZ 85741 (520) 572-0023	
6549	Curves - designed for women	5671 E Speedway Blvd	Tucson	AZ 85712 (520) 546-4200	
6550	Curves - designed for women	5975 W Wern Way Cir	Tucson	AZ 85713 (520) 578-3763	
6563	Curves - designed for women	6860 E Sunrise Dr	Tucson	AZ 85750 (520) 299-2111	
6548	Curves - designed for women	6970 E 22nd St	Tucson	AZ 85710 (520) 514-8700	
6559	Curves - designed for women	8250 W Cortaro Rd, Suite 140	Tucson	AZ 85743 (520) 579-9353	
6560	Curves - designed for women	9136 E Valencia	Tucson	AZ 85747 (520) 664-0400	
6562	Curves - designed for women	9155 E Tanque Verde Rd, Suite 127	Tucson	AZ 85749 (520) 749-7401	
7739	Ladies Workout Express	3603 W Cortaro Farms Rd	Tucson	AZ 85742 (520) 579-6711	
7738	Ladies Workout Express	9190 W Coachline Blvd	Tucson	AZ 85743 (520) 572-2423	
9235	Snap Fitness	1970 W River Rd	Tucson	AZ 85716 (520) 293-1584	X
9227	Snap Fitness	8567 N Silverbell Rd	Tucson	AZ 85743 (520) 395-2210	X
10033	Snap Fitness	7545 S Houghton Rd	Tucson	AZ 85747 (520) 572-8788	X
9236	Snap Fitness	8816 E Broadway Blvd	Tucson	AZ 85710 (520) 546-1114	X
9983	Ladies Workout Express	1694 W Valencia Rd	Tucson	AZ 85746 (520) 624-7247	
6544	Curves - designed for women	13190 E Colossal Cave Rd, Suite 130	Vail	AZ 85641 (520) 762-0225	
<b>Pinal County</b>					
6565	Curves - designed for women	10633 E Apache Trail	Apache Junction	AZ 85220 (480) 380-0822	
6567	Curves - designed for women	13350 Sunland Gin Rd, Suite A2	Arizona City	AZ 85223 (520) 466-6660	
9177	Anytime Fitness	580 N Camino Mercado	Casa Grande	AZ 85222 (520) 316-0661	X
9222	Snap Fitness	973 E Cottonwood Lane	Casa Grande	AZ 85222 (520) 423-0123	X
6568	Curves - designed for women	903 N Arizona Blvd, Suite A & B	Coolidge	AZ 85228 (520) 723-1001	
6564	Curves - designed for women	5301 Superstition Mountain Dr	Gold Canyon	AZ 85218 (480) 982-0333	
9187	Anytime Fitness	20924 N John Wayne Pkwy	Maricopa	AZ 85293 (520) 568-5226	X
<b>Yavapai County</b>					
6574	Curves - designed for women	564 S Main St.	Camp Verde	AZ 86322 (928) 567-3851	
6575	Curves - designed for women	734 S Hwy 89	Chino Valley	AZ 86323 (928) 636-7466	
8982	Curves - designed for women	1405 E State Route 89 A	Cottonwood	AZ 86326 (928) 639-0039	
8981	Curves - designed for women	1040 Whipple St	Prescott	AZ 86305 (928) 777-8480	
9972	Snap Fitness	1454 W Gurley St	Prescott	AZ 86301 (928) 776-0355	X
9231	Snap Fitness	2971 Willow Creek Rd	Prescott	AZ 86301 (928) 443-1309	X

<b>Club ID #</b>	<b>Club Name</b>	<b>Address (City, State, Zip)</b>		<b>Phone Number</b>	<b>Co-Ed Fitness</b>
<b><u>Yavapai County (cont'd)</u></b>					
9193	Anytime Fitness	6715 E Second St	Prescott Valley	AZ 86314 (928) 443-5701	X
6573	Curves - designed for women	8008 N Yavapai Rd, Suite D	Prescott Valley	AZ 86314 (928) 775-5750	
<b><u>Yuma County</u></b>					
6578	Curves - designed for women	11411 S Fortuna Rd, Suite 114	Yuma	AZ 85367 (928) 345-1726	
10054	Schechert Family Aquatics & Fitness Center	11737 S Foothills Blvd	Yuma	AZ 85367 (928) 345-0321	X
9238	Snap Fitness	11274 S Fortuna Rd	Yuma	AZ 85367 (928) 345-6500	X
9237	Snap Fitness	1200 Castledome Ave	Yuma	AZ 85365 (928) 782-3939	X

***Take Charge, Be Active, Live Well!***

**M**EDICARE  
**Masterpiece**<sup>®</sup>  
Plan

*Any...Any...Any...*<sup>®</sup>  
**PLAN**

***Now A Health Plan  
With A Plan For Your Health!***

If you are not already a member with Universal Health Care and would like to learn more about our health plans, call Universal at 1-866-690-4842 (TTY 1-800-617-0177), Monday through Sunday from 8am – 8pm Eastern time, except holidays, for a no obligation home visit to learn more about the many other benefits Universal Health Care Plan members receive.

Universal Health Care is a Medicare Advantage organization with a Medicare contract. Services included in Universal's Vitalife<sup>SM</sup> Program are administered exclusively by WellQuest, Inc.



**UNIVERSAL**<sup>SM</sup>  
**HEALTHCARE**