



UNIVERSALSM
HEALTHCARE

Introducing Universal's **VitalifeSM**

The Complete Healthy-Living Plan For Medicare Beneficiaries

At Universal Health Care, we believe kicking up your heels on a steady basis can help you stay healthy and strong. That's why we offer our members the VitalifeSM program at no additional cost beyond their monthly plan premium.



VitalifeSM FACILITY LISTINGS

Finally, A Health Plan With A Plan For Your Health Take Charge, Be Active, Live Well!

Universal's VitalifeSM Program includes:

- Full membership privileges at participating and accredited health and fitness facilities. Enroll for a local health and fitness facility membership without membership fees. VitalifeSM members will receive a fitness orientation at their primary location.
- Group exercise classes in select locations to improve your overall fitness by increasing muscular strength and cardiovascular endurance, as well as flexibility, agility, and balance. Fee-based programming beyond what is available with a general membership at your primary facility is not included.
- Our online Wellness Program will help you live a healthy, happy, and fulfilling life by helping you quit smoking, reduce stress, get into shape, and gain or lose weight.



TAKE CHARGE, BE ACTIVE, LIVE WELL!

Get Started Today!

To receive full membership privileges at a participating facility:

1. You will find VitalifeSM participating facilities and their locations in this Facility Listings booklet. The facilities are listed by state and then by county. Select the primary facility you wish to join.
2. You will find a VitalifeSM Facility Registration Form in the back of this booklet. After you enroll with Universal Health Care, complete the registration form, which includes your primary care physician's signature, and mail or fax to WellQuest, 550 Broad Street, Suite 802, Newark, New Jersey 07102-4531; Fax: 1-877-250-7533. Please use a separate registration form to enroll each Plan member. When faxing applications, check the fax confirmation sheet to be sure the transmission was completed. Please allow three weeks of processing time. Universal Health Care has partnered with WellQuest, Inc. to provide the VitalifeSM program.
3. Once your application is processed, a welcome letter and a VitalifeSM ID card will be sent to your home from WellQuest in a WellQuest envelope. The welcome letter will include the name of the primary facility you chose, your name, and a start date for the program. Bring both the welcome letter and the VitalifeSM ID card to the facility you chose as your primary location to begin a membership. Please bring your VitalifeSM ID card to this facility each time you attend. (This may vary; check with your primary facility.) Contact WellQuest at 1-877-250-7522 if you have not received your welcome letter and VitalifeSM ID card three weeks after submitting an application.

To nominate a facility for consideration please contact WellQuest at 1-877-250-7522. Please check the VitalifeSM page on the Universal Health Care web site at www.univhc.com for an updated listing or call Member Services at 1-866-690-4842, (TTY 1-800-617-0177).

VitalifeSM on the move:

Take advantage of your VitalifeSM membership privileges at health and fitness centers when you travel. Participating fitness locations can be found in this Facility Listings booklet, at www.univhc.com or by calling Member Services at 1-866-690-4842 (TTY 1-800-617-0177). You must bring your VitalifeSM ID card to the fitness location to gain access. Visits outside your primary facility will be limited to sixteen visits each year with a maximum of four visits per month. If you are traveling within the VitalifeSM facility network and will be gone longer than 30 days, you can change your primary facility for unlimited usage.

Changing your primary facility:

You can change your primary facility by notifying WellQuest at 1-877-250-7522. You will not need a new VitalifeSM ID card, but will be sent an updated letter indicating your new primary facility choice and start date. To begin your membership at this new location, please bring both the updated welcome letter and VitalifeSM ID card.

CONTACT INFORMATION

For questions about VitalifeSM fitness centers, VitalifeSM enrollment, VitalifeSM ID cards, to nominate a facility, or to change your primary facility, please contact *WellQuest**:

1-877-250-7522 or TTY at 1-800-506-0112

Monday through Friday from 9am to 5pm Eastern Time.

For updated facility listings, please contact the *Vita Line*:

1-888-550-7854.

You will be asked to provide your name and address to have your updated VitalifeSM facility listings sent to you.

For other questions about Universal Health Care's VitalifeSM Program, please contact *Universal Health Care*:

1-866-690-4842 or TTY at 1-800-617-0177

Monday through Sunday from 8am to 8pm Eastern Time.

The Universal Health Care Web site is full of useful health information. For a Physician Listing, VitalifeSM Program, or Self Help Works Nutritional information, please visit: www.univhc.com.

**Services in Universal's VitalifeSM program are administered exclusively by WellQuest, Inc.*

There is no cost or obligation for this program. If you wish to take advantage of the program's membership in one of your local fitness centers listed herein, simply follow these steps:

1. Fill in your personal information. Read carefully, print clearly, and sign.
2. Choose the facility you wish to join and write the Facility ID Number in the space provided.
3. Take the form to your physician and have him/her sign the release.
4. Mail or fax your completed registration form to WellQuest at the New Jersey address below.

Plan Member's Name (Please Print Clearly) _____

Universal Health Care Member ID#: _____

Address _____ Apt. _____ City _____

State _____ Zip _____ Home Phone _____

Facility ID*: _____ Facility Name: _____

Facility Address: _____

*The Facility ID Number is located to the left of the facility name.

I understand that the purpose of the VitalifeSM Program is to enhance my health and fitness status and that any exercise program is a potentially hazardous activity. I verify that my participation is fully voluntary, and no coercion of any sort has been used to obtain my participation. I hereby release and discharge the under-signed physician, Universal Health Care, WellQuest, Inc., and any others connected therewith from all claims, demands, damages, and liability whatsoever that I or my representatives have or may have against any of them arising from my participation in the VitalifeSM Program.

Plan Member's Signature _____ Date _____

As the above named individual's physician, I am not aware of any reasons why this patient should not participate in Universal's VitalifeSM Program. Therefore, I release this patient for participation.

Physician's Name (Please Print) _____

Physician's Signature _____ Date _____

ATTENTION!!

Mail or fax your completed registration form to WellQuest:

Mail: WellQuest, Inc., 550 Broad Street, Suite 802, Newark, New Jersey 07102-4531 **Fax:** 1-877-250-7533

Please see contact sheet on page 3 for other important information and resources.

Club ID #	Club Name	Address (City, State, Zip)	Phone Number	Co-Ed Fitness
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LOUISIANA

Acadia Parish

6864	Curves - designed for women	2108 N Parkerson Ave	Crowley	LA 70526	(337) 785-9100	
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Allen Parish

6866	Curves - designed for women	905 E 7th Ave, Suite 3	Oakdale	LA 71463	(318) 335-3038	
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Ascension Parish

6867	Curves - designed for women	3447 LA Hwy 1 S	Donaldsonville	LA 70346	(225) 473-3500	
9993	Anytime Fitness	36508 Event Rd, Suite M	Geismar	LA 70734	(225) 744-4966	X
6868	Curves - designed for women	36508 Event Rd, Suite A	Geismar	LA 70734	(225) 744-3583	
9397	Anytime Fitness	13091 Airline Hwy	Gonzales	LA 70737	(225) 644-5364	X
9398	Anytime Fitness	210 W Hwy 30	Gonzales	LA 70737	(225) 647-7750	X
6869	Curves - designed for women	827 N Airline Hwy	Gonzales	LA 70737	(225) 647-4314	
9265	Snap Fitness	625 S Burnside Ave	Gonzales	LA 70737	(225) 644-1297	X
9422	Anytime Fitness	17900 Airline Hwy	Prairieville	LA 70769	(225) 744-3002	X
6870	Curves - designed for women	17535 Airline Hwy, Suite J	Prairieville	LA 70769	(225) 673-1773	

Bossier Parish

9423	Anytime Fitness	2091 Stockwell Rd	Bossier City	LA 71111	(318) 752-6650	X
9384	Anytime Fitness	4970 Barksdale Blvd	Bossier City	LA 71112	(318) 746-1886	X
9382	Anytime Fitness	5212 Airline Dr	Bossier City	LA 71111	(318) 549-1247	X
6874	Curves - designed for women	1903 Benton Rd, Suite C	Bossier City	LA 71111	(318) 752-9906	
6875	Curves - designed for women	5300 Barksdale Blvd	Bossier City	LA 71112	(318) 841-2878	
6873	Curves - designed for women	5510 Airline Dr, Suite 103	Bossier City	LA 71111	(318) 742-2693	
9259	Snap Fitness	4726 E Texas St	Bossier City	LA 71111	(318) 698-6878	X
6872	Curves - designed for women	2034 Hwy 80	Haughton	LA 71037	(318) 949-3131	

Caddo Parish

9922	Anytime Fitness	5795 N Market	Shreveport	LA 71107	(318) 965-7700	X
9923	Anytime Fitness	6205 W Port Ave	Shreveport	LA 71129	(318) 603-1348	X
9426	Anytime Fitness	9250 Ellerbe Rd	Shreveport	LA 71106	(318) 677-2600	X
6876	Curves - designed for women	1409 E 70th St	Shreveport	LA 71105	(318) 629-2222	
6878	Curves - designed for women	9464 Mansfield Rd, Suite A1	Shreveport	LA 71118	(318) 686-7920	
9954	Snap Fitness	1549 E 70th St	Shreveport	LA 71105	(952) 474-5422	X

Calcasieu Parish

9405	Anytime Fitness	630 W Prien Lake Rd	Lake Charles	LA 70601	(337) 478-2727	X
6881	Curves - designed for women	194 Hwy 171 N	Lake Charles	LA 70611	(337) 855-2311	
6880	Curves - designed for women	605 W College St	Lake Charles	LA 70607	(337) 479-2477	
9285	Snap Fitness	2724 Country Club Rd	Lake Charles	LA 70605	(337) 478-4525	X
9416	Anytime Fitness	277 Hwy 171 N	Moss Bluff	LA 70611	(337) 855-2777	X
6883	Curves - designed for women	301 S Huntington	Sulphur	LA 70663	(337) 528-8595	
9312	Snap Fitness	1570 Maplewood Dr, Suite A	Sulphur	LA 70663	(866) 619-7627	X

Concordia Parish

9955	Snap Fitness	1905 Carter St	Vidalia	LA 71374	(318) 336-5474	X
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De Soto Parish

10041	Anytime Fitness	671 Hwy 171	Stonewall	LA 71078	(318) 775-5474	X
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East Baton Rouge Parish

6884	Curves - designed for women	3207 Lavey Ln	Baker	LA 70714	(225) 775-1233	
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Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
<u>East Baton Rouge Parish (cont'd)</u>					
9377	Anytime Fitness	13711 Coursey Blvd	Baton Rouge	LA 70817 (225) 246-2092	X
9989	Anytime Fitness	200 Government St	Baton Rouge	LA 70802 (225) 636-2632	X
9381	Anytime Fitness	7350 Jefferson Hwy	Baton Rouge	LA 70806 (225) 930-9988	X
9379	Anytime Fitness	8827 HighLand Rd	Baton Rouge	LA 70808 (225) 766-9066	X
6889	Curves - designed for women	13847 Coursey Blvd, Suite A 4	Baton Rouge	LA 70816 (225) 751-1303	
6890	Curves - designed for women	14455 Wax Rd, Suite E	Baton Rouge	LA 70818 (225) 262-8040	
6887	Curves - designed for women	7515 Jefferson Hwy	Baton Rouge	LA 70806 (225) 926-9044	
6888	Curves - designed for women	9828 Bluebonnet Blvd, Suite G	Baton Rouge	LA 70810 (225) 766-8380	
9252	Snap Fitness	14241 Coursey Blvd	Baton Rouge	LA 70809 (225) 751-0121	X
9253	Snap Fitness	17002 Jefferson Hwy	Baton Rouge	LA 70817 (225) 751-1881	X
9254	Snap Fitness	257 Lee Dr	Baton Rouge	LA 70814 (225) 615-7936	X
9255	Snap Fitness	7731 Perkins Rd	Baton Rouge	LA 70805 (225) 766-8105	X
9260	Snap Fitness	18513 Magnolia Bridge Rd	Central	LA 70739 (225) 261-6119	X
9268	Snap Fitness	14395 Greenwell Springs Rd	Greenwell Springs	LA 70739 (225) 261-5008	X
9473	Anytime Fitness	6363 Main St Amazon Plaza	Zachary	LA 70791 (255) 654-5577	X
6886	Curves - designed for women	1121 Church St, Suite C	Zachary	LA 70791 (225) 658-6932	
9316	Snap Fitness	20377 Old Scenic Hwy	Zachary	LA 70791 (225) 654-5528	X
<u>East Feliciana</u>					
6885	Curves - designed for women	3124 Bank St, Office B	Jackson	LA 70748 (225) 634-7557	
<u>Franklin Parish</u>					
6891	Curves - designed for women	202 Fair Ave	Winnsboro	LA 71295 (318) 435-0226	
<u>Iberia Parish</u>					
6892	Curves - designed for women	1000 Parkview Dr, Suite 10	New Iberia	LA 70563 (337) 560-4343	
9939	Snap Fitness	722 E Admaral Doyle Dr	New Iberia	LA 70560 (337) 365-1116	X
<u>Iberville Parish</u>					
6893	Curves - designed for women	58928 Belleview Rd	Plaquemine	LA 70764 (225) 687-2878	
9302	Snap Fitness	58630 Belleview Rd	Plaquemine	LA 70764 (225) 687-6271	X
<u>Jackson Parish</u>					
6894	Curves - designed for women	123 W Central St.	Hodge	LA 71247 (318) 259-2165	
<u>Jefferson Parish</u>					
9400	Anytime Fitness	1729 Lafayette St.	Gretna	LA 70053 (504) 218-5104	X
9402	Anytime Fitness	2850 Manhattan Blvd	Harvey	LA 70058 (504) 365-8713	X
9624	Curves - designed for women	1508 W Manhattan Blvd, Suite E	Harvey	LA 70068 (504) 227-8441	
6899	Curves - designed for women	4001 Lapalco Blvd, Suite 13	Harvey	LA 70058 (504) 371-8081	
9272	Snap Fitness	3700 Lapalco Blvd	Harvey	LA 70058 (504) 301-1289	X
6903	Curves - designed for women	418 Roberts Ave	Jennings	LA 70546 (337) 824-4544	
9403	Anytime Fitness	819 W Esplanade Ave	Kenner	LA 70065 (504) 465-8599	X
6900	Curves - designed for women	365 W Esplanade Ave	Kenner	LA 70065 (504) 468-3070	
10195	Snap Fitness	910 W Esplanade Ave	Kenner	LA 70065 (504) 305-6220	X
9406	Anytime Fitness	212 Woodland Dr	Laplace	LA 70065 (985) 359-3484	X
9409	Anytime Fitness	3176 Barataria Blvd	Marrero	LA 70072 (504) 267-0856	X
6901	Curves - designed for women	7605 Wbank Expwy, Suite K	Marrero	LA 70072 (504) 218-7862	
9413	Anytime Fitness	5200 Veterans Hwy	Metairie	LA 70006 (504) 305-6400	X
6895	Curves - designed for women	2701 Airline Dr, Suite F	Metairie	LA 70001 (504) 837-0882	
6896	Curves - designed for women	3512 18th St	Metairie	LA 70002 (504) 779-2878	
6897	Curves - designed for women	8814 Veterans Blvd	Metairie	LA 70003 (504) 469-8628	
9293	Snap Fitness	2309 Clearview Pkwy	Metairie	LA 70001 (504) 883-0309	X
9291	Snap Fitness	3501 Severn Ave	Metairie	LA 70002 (504) 304-7321	X

Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
Jefferson Parish (cont'd)					
6902	Curves - designed for women	5700 Citrus Blvd, Suite A 2	New Orleans	LA 70123 (504) 733-7744	
9314	Snap Fitness	1401 Westbank Exp Blvd	Westwego	LA 70094 (504) 348-4242	X
Jefferson Davis Parish					
10081	Anytime Fitness	1210 Elton Rd	Jennings	LA 70546 (337) 824-0888	X
La Salle Parish					
6904	Curves - designed for women	2083 S Second St	Jena	LA 71342 (318) 992-0445	
Lafayette Parish					
9386	Anytime Fitness	184 Heritage Pkwy	Broussard	LA 70518 (337) 856-1711	X
6907	Curves - designed for women	3545 NW Evangeline Hwy, Suite B&C	Carencro	LA 70520 (337) 886-2878	
9404	Anytime Fitness	4517 Johnston St	Lafayette	LA 70503 (337) 988-8350	X
6906	Curves - designed for women	112 Youngsville Hwy	Lafayette	LA 70508 (337) 839-1112	
6905	Curves - designed for women	292 Ridge Rd	Lafayette	LA 70506 (337) 993-1122	
9281	Snap Fitness	110 Tucker Dr	Lafayette	LA 70503 (337) 984-4699	X
9283	Snap Fitness	2800 W Pinhook Rd	Lafayette	LA 70508 (337) 232-1955	X
9472	Anytime Fitness	3215 E Milton Ave	Youngsville	LA 70592 (337) 857-5060	X
9315	Snap Fitness	803 St Blaise Lane	Youngsville	LA 70592 (337) 856-6564	X
Lafourche Parish					
9389	Anytime Fitness	14057 E Main St	Cut Off	LA 70345 (985) 693-5533	X
9430	Anytime Fitness	127 Laura Dr	Thibodaux	LA 70301 (985) 447-7770	X
6909	Curves - designed for women	404 N Canal Blvd	Thibodaux	LA 70301 (985) 447-7600	
9313	Snap Fitness	1655 St. Mary St	Thibodaux	LA 70301 (985) 447-1685	X
Lincoln Parish					
9425	Anytime Fitness	1411 Eagle Dr	Ruston	LA 71270 (318) 255-1200	X
6910	Curves - designed for women	975 Tech Dr	Ruston	LA 71270 (318) 255-7778	
9433	Anytime Fitness	4012 Carter St	Vidalia	LA 71373 (225) 567-2073	X
Livingston Parish					
9373	Anytime Fitness	19115 Florida Blvd	Albany	LA 70711 (225) 567-2626	X
9392	Anytime Fitness	25550 Juban Rd	Denham Springs	LA 70726 (225) 243-5500	X
10082	Anytime Fitness	32350 Louisiana Hwy 16	Denham Springs	LA 70706 (225) 667-1077	X
6911	Curves - designed for women	1951 Florida Ave	Denham Springs	LA 70726 (225) 665-8200	
6912	Curves - designed for women	7755 Magnolia Beach Rd, Suite Q	Denham Springs	LA 70726 (225) 667-0121	
9263	Snap Fitness	34130 N LA Hwy 16	Denham Springs	LA 70706 (225) 791-0100	X
9407	Anytime Fitness	29526 Frost Rd	Livingston	LA 70754 (225) 686-1178	X
6913	Curves - designed for women	29688 S Frost Rd	Livingston	LA 70754 (225) 686-2633	
9411	Anytime Fitness	12505 Homeport Dr	Maurepas	LA 70449 (225) 675-8000	X
9429	Anytime Fitness	31545 Hwy 22	Springfield	LA 70462 (225) 202-6865	X
9437	Anytime Fitness	28799 Walker S Rd	Walker	LA 70785 (225) 664-4700	X
Natchitoches Parish					
9628	Curves - designed for women	99 South Dr, Suite A	Natchitoches	LA 71457 (318) 357-1400	
Orleans Parish (cont'd)					
9374	Anytime Fitness	5163 General Degaulle Dr	New Orleans	LA 70131 (504) 394-0086	X
9418	Anytime Fitness	125 Robert E Lee Blvd	New Orleans	LA 70124 (504) 286-7667	X
9417	Anytime Fitness	4900 Canal St	New Orleans	LA 70119 (504) 885-3738	X
6917	Curves - designed for women	1000 S Carrollton Ave	New Orleans	LA 70118 (504) 866-1123	
9626	Curves - designed for women	201 St. Charles Ave	New Orleans	LA 70170 (504) 566-1165	
6919	Curves - designed for women	4100 General DeGaulle Dr, Suite D 5	New Orleans	LA 70131 (504) 324-5640	

Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
<u>Orleans Parish</u>					
6918	Curves - designed for women	5218 Elysian Fields Ave	New Orleans	LA 70122 (504) 324-8472	
<u>Ouachita Parish</u>					
9415	Anytime Fitness	1130 Oliver Rd	Monroe	LA 71201 (318) 322-4005	X
9920	Anytime Fitness	5000 Forsythe Bypass	Monroe	LA 71201 (318) 325-3930	X
9414	Anytime Fitness	7929 Desiard St	Monroe	LA 71201 (318) 998-3583	X
10042	Anytime Fitness	8649 Hwy 165	Monroe	LA 71203 (318) 387-7233	X
6920	Curves - designed for women	1116 Oliver Rd	Monroe	LA 71201 (318) 329-3991	
9921	Anytime Fitness	5505 Cameron St	Scott	LA 70583 (337) 706-8221	X
9439	Anytime Fitness	2419 N Seventh St	West Monroe	LA 71291 (318) 396-6966	X
9471	Anytime Fitness	5500 Cypress St	West Monroe	LA 71291 (318) 396-9128	X
6921	Curves - designed for women	2716 N 7th St, Suite A	West Monroe	LA 71291 (318) 699-8889	
<u>Plaquemines Parish</u>					
9257	Snap Fitness	102 Woodland Hwy	Belle Chasse	LA 70037 (504) 392-9828	X
<u>Pointe Coupee Parish</u>					
9295	Snap Fitness	1320 Hospital Rd	New Roads	LA 70760 (225) 638-7627	X
<u>Rapides Parish</u>					
9924	Anytime Fitness	6350 Colisem Blvd	Alexandria	LA 71303 (318) 769-1844	X
9956	Snap Fitness	3601 Jackson St	Alexandria	LA 71302 (318) 448-5399	X
9916	Anytime Fitness	3493 Hwy 28 E	Pineville	LA 71360 (318) 442-7877	X
6923	Curves - designed for women	2961 Hwy 28 E	Pineville	LA 71360 (318) 487-4999	
9297	Snap Fitness	106 Kings Country Village	Pineville	LA 71360 (866) 619-7627	X
<u>Richland Parish</u>					
9627	Curves - designed for women	814 Julia St	Rayville	LA 71269 (318) 728-4248	
<u>Sabine Parish</u>					
6924	Curves - designed for women	785 San Antonio Ave	Many	LA 71449 (318) 256-1235	
<u>St. Bernard Parish</u>					
10084	Anytime Fitness	8200 W Judge Perez Dr	Chalmette	LA 70043 (504) 701-5045	X
6925	Curves - designed for women	2001 E Judge Perez Dr, Suite A	Chalmette	LA 70043 (504) 277-6752	
9412	Anytime Fitness	3201 E Judge Perez Dr	Meraux	LA 70075 (504) 281-2568	X
<u>St. Charles Parish</u>					
6926	Curves - designed for women	1 Storehouse Lane, Suite B	Destrehan	LA 70047 (985) 725-7428	
9984	Anytime Fitness	12225 N Hwy 90	Luling	LA 70070 (985) 308-1360	X
6927	Curves - designed for women	12371 Hwy 90, Suite B	Luling	LA 70070 (985) 308-0760	
9287	Snap Fitness	12807 Hwy 90	Luling	LA 70070 (985) 785-1718	X
9311	Snap Fitness	151 Almedia Rd	St. Rose	LA 70087 (504) 305-4668	X
<u>St. James Parish</u>					
10040	Anytime Fitness	1732 Deroche Cir	Gramercy	LA 70052 (225) 869-3484	X
9625	Curves - designed for women	1957 W Main St	Lutcher	LA 70071 (225) 869-9889	
<u>St. John the Baptist Parish</u>					
6929	Curves - designed for women	1508 W Airline Hwy	La Place	LA 70068 (985) 652-2878	
9279	Snap Fitness	844 Belleterre Blvd	La Place	LA 70068 (985) 651-4404	X
<u>St. Landry Parish</u>					
9394	Anytime Fitness	1516 Hwy 190	Eunice	LA 70535 (337) 457-7000	X

Club ID #	Club Name	Address (City, State, Zip)		Phone Number	Co-Ed Fitness
St. Landry Parish (cont'd)					
9914	Anytime Fitness	1901 S Union St	Opelousas	LA 70570 (334) 594-1000	X
6930	Curves - designed for women	2206 George Dr	Opelousas	LA 70570 (337) 407-2878	
St. Mary Parish					
6931	Curves - designed for women	240 W Mills Ave, Suite 111	Breaux Bridge	LA 70517 (337) 332-1119	
6933	Curves - designed for women	700 ½ Main St	Franklin	LA 70538 (337) 828-2878	
9999	Anytime Fitness	6417 Hwy 182	Morgan City	LA 70380 (985) 384-7426	X
6932	Curves - designed for women	1020 8th St	Morgan City	LA 70380 (985) 384-8746	
St. Tammany Parish					
9388	Anytime Fitness	1205 Village Walk	Covington	LA 70433 (985) 809-0099	X
10002	Anytime Fitness	70325 State Rd 1077	Covington	LA 70433 (985) 845-1926	X
6934	Curves - designed for women	1133 N Lee Rd, Suite 55	Covington	LA 70433 (985) 871-3972	
9262	Snap Fitness	1170 N Hwy 190	Covington	LA 70433 (985) 892-1231	X
9261	Snap Fitness	70360 Hwy 21	Covington	LA 70433 (985) 809-7800	X
9935	Snap Fitness	27397 Hwy 190	Lacombe	LA 70445 (985) 882-4344	X
9408	Anytime Fitness	1705 Hwy 59	Mandeville	LA 70448 (985) 674-3100	X
6936	Curves - designed for women	5150 Hwy 22, Suite C7	Mandeville	LA 70471 (985) 792-1000	
9289	Snap Fitness	3441 E Causeway Approach	Mandeville	LA 70448 (985) 674-7627	X
10000	Anytime Fitness	64724 State Rd 41	Pearl River	LA 70452 (985) 250-9416	X
9427	Anytime Fitness	2020 Hwy 190 W	Slidell	LA 70460 (985) 649-7773	X
9915	Anytime Fitness	2040 Gause Blvd	Slidell	LA 70461 (985) 649-1511	X
6935	Curves - designed for women	1209 Eridge Dr	Slidell	LA 70458 (985) 639-9914	
9310	Snap Fitness	2170 Gause Blvd W	Slidell	LA 70460 (985) 847-2345	X
Tangipahoa Parish					
9376	Anytime Fitness	114 W Chestnut St	Amite	LA 70422 (985) 747-2202	X
6938	Curves - designed for women	103 E Mulberry St	Amite	LA 70422 (985) 747-2778	
9401	Anytime Fitness	117 S Cate St	Hammond	LA 70403 (985) 419-0033	X
6937	Curves - designed for women	201 S Cate St, Suite B	Hammond	LA 70403 (985) 345-0038	
9270	Snap Fitness	1905 W Thomas St	Hammond	LA 70401 (985) 340-1096	X
6939	Curves - designed for women	530 W Pine St, Suite 4	Ponchatoula	LA 70454 (985) 370-4280	
9304	Snap Fitness	18539 Hwy 22	Ponchatoula	LA 70764 (985) 386-7105	X
9919	Anytime Fitness	44200 Hwy 445	Robert	LA 70455 (985) 542-5744	X
Terrebonne Parish					
6940	Curves - designed for women	500 Corporate Dr, Suite K	Houma	LA 70360 (985) 223-1599	
9275	Snap Fitness	292 S Hollywood Rd	Houma	LA 70360 (985) 873-8585	X
Union Parish					
6941	Curves - designed for women	1004 Sterlington Hwy	Farmerville	LA 71241 (318) 368-8858	
9264	Snap Fitness	787 Sterlington Hwy	Farmerville	LA 71241 (318) 368-4878	X
Vermilion Parish					
6942	Curves - designed for women	100 Thomas St, Suite 1	Abbeville	LA 70510 (337) 893-8199	
Vernon Parish					
6943	Curves - designed for women	104 S 5th St	Leesville	LA 71446 (337) 238-0003	
Washington Parish					
9258	Snap Fitness	401 Austin St	Bogalusa	LA 70427 (985) 732-1774	X
9395	Anytime Fitness	941 Cleveland St	Franklinton	LA 70438 (985) 839-3980	X
6944	Curves - designed for women	951 J Meadie Knight Dr	Franklinton	LA 70438 (985) 839-4738	

Club ID #	Club Name	Address (City, State, Zip)	Phone Number	Co-Ed Fitness
<u>West Baton Parish</u>				
10083	Anytime Fitness	4443 Hwy 1 S	Port Allen LA 70767	(225) 636-2044 X
6946	Curves - designed for women	702 Lobdell Hwy, Suite 2	Port Allen LA 70767	(225) 343-4968
<u>Wester Parish</u>				
6945	Curves - designed for women	713 Main St.	Minden LA 71055	(318) 377-5111
<u>Winn Parish</u>				
6947	Curves - designed for women	5951 Hwy 167 N	Winnfield LA 71483	(318) 648-9221

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